

宇都宮短期大学附属高等学校

UTSUNOMIYA JUNIOR COLLEGE ATTACHED HIGH SCHOOL

夢から始まる未来が、
ここにある。



UTANFDREAM

SCHOOL GUIDE 2025



General Education Department

Five specialized courses aimed at university admission:

- Integrated Junior and Senior High School Course
- Special Advanced Course
- Advanced Course
- University Preparatory Course
- Applied Liberal Arts Course



教育目標

- I. 人間尊重の精神とゆたかな人間性とを啓蒙し、民主社会における真にのぞましい人間を育成する。
- II. 円満な教養と高い徳性とを培い、個々の特性の伸長につとめ、心身ともに健康な人物を育成する。
- III. 自主自立の気風を高め、忍耐力と実践究明の態度を涵養し、勤労と責任を尊ぶ人材を育成する。

生活目標

「一人は一校を代表する」

建学の精神

建学の精神は、創立者の須賀栄子先生が掲げた「全人教育（人間形成の教育）」です。この精神は、一人ひとりの個性を重んじ、それぞれに優れた能力・特質を伸ばしていくこと、教科の学習とともに社会人としての人間性を身につけていくこととして、今日まで一世紀を超えて脈々と受け継がれてきています。

養成する人物像

全人教育で社会に役立つ有用な人材を育成する。



Specialized Education Department

Lifestyle Career Department



Information Design Department



Culinary Arts Department



Music Department



夢の実現をめざすあなたを、
私たちは全力で応援していきます。

中学・高等 学校長・理事長

須賀 英之

東京大学を卒業。日本興業銀行（現みずほ銀行）に勤務。人事部副調査役、産業調査部主任部員、本店営業部・業務部副部長などを歴任し、須賀学園に戻る。

現在、須賀学園理事長、宇都宮共和大学長、宇都宮短期大学長、同附属中学・高等学校長、栃木県私学審議会会長、栃木県文化振興審議会会長、栃木県交響楽団会長、宇都宮まちづくり推進機構理事長、栃木銀行社外監査役などをつとめる。



Principal of the Junior High and Senior High School,

and Chairperson of the Board of Trustees

Suka Hideyuki



宇都宮共和大学

Utsunomiya Kyowa University



宇都宮短期大学

Utsunomiya Junior College

教育理念

Educational Philosophy

あなたの夢の実現に向けて、本校は全力で応援していきます

全人教育で、社会に役立つ有用な人材を育成する。

本校が目指すのは、生徒一人ひとりの個性を伸ばし、それを磨いていく教育です。その実現のために、本校では特色と専門性にあふれる5つの学科とコースを設定しています。グローバル化やAI技術が進展する社会が求めているのは、幅広い教養と豊かな個性を併せ持った有用な人材です。次代を担う一人として、自分の可能性について、この高校生活のなかでじっくりと育んでください。目的意識をしっかりと持ち、夢の実現を目指すみなさんの、10年先20年先のことを考えて、私たちは全力で応援していきます。

At this school, we focus on fostering well-rounded individuals who can contribute meaningfully to society. Our goal is to nurture each student's individuality and help them develop and refine their unique talents. To achieve this, we offer five distinctive and specialized departments and courses. In a society where globalization and AI technology are advancing, there is a growing demand for individuals with broad knowledge and rich personal qualities. As future leaders, we encourage students to take this time during their high school years to carefully cultivate their potential.

With a clear sense of purpose and a strong desire to realize their dreams, we are committed to supporting students in shaping their futures, keeping in mind their paths over the next 10 to 20 years.

Affiliated Schools: Our affiliated schools nurture specialized professionals who are essential for urban life.

The Suka Academy was founded in 1900 (Meiji 33), and its tradition of whole-person education (human development) has now reached its 124th anniversary. In 1967, Utsunomiya Junior College was established, followed by Utsunomiya Kyowa University in 1999. The academy has produced 66,000 graduates, and currently over 3,300 students are enrolled in its middle school, high school, junior college, and university programs.



特別選抜コース

普通科

GENERAL COURSE

■募集人員 30名・文理融合クラス編成

東大・京大等の難関国公立大
および医学部などへの現役合格を目指す



Special Advanced Course

This course is designed for students aiming to enter top-tier universities, including the University of Tokyo, other highly competitive national and public universities, as well as leading private universities such as Waseda University and Keio University.

The course features high-quality, intensive, and comprehensive lessons, thorough and meticulous guidance, and motivational programs to support student progress. Students pursuing similar goals can inspire and encourage one another to excel.

Target Universities:

University of Tokyo / Kyoto University / Hokkaido University / Tohoku University /
Nagoya University / Osaka University / Kyushu University / Ochanomizu University /
University of Tsukuba / Waseda University / Keio University / Sophia University / Meiji University



国公立大学や早慶などの
難関大学への現役合格を目指す



Advanced Course

This course is designed for students aiming for direct admission to top national universities, such as the former Imperial Universities (e.g., the University of Tokyo, Kyoto University, Tohoku University, and Nagoya University), as well as highly competitive private universities, including Waseda University and Keio University.

From the first year, the program focuses on building a strong academic foundation to prepare students for the Common University Entrance Exam. It develops higher-level academic skills and solid problem-solving abilities to meet the demands of challenging university entrance exams.

Target Universities: Tokyo Institute of Technology / University of Electro-Communications / Yokohama National University / Chiba University / Meiji University / Aoyama Gakuin University / Shibaura Institute of Technology / etc.

部活動にも打ち込むとともに、
国公立大学や有名私立大学合格を目指す



University Preparatory Course

This course is designed for students aiming for direct admission to regional national and public universities, such as Utsunomiya University and Ibaraki University, as well as mid-tier private universities.

It is ideal for those who wish to balance their studies with an active school life, including participation in club activities. The course features personalized guidance and a support system tailored to each student's individuality and aptitude. Students are encouraged to aim not for the universities they can attend, but for the universities they *want* to attend.

Target Universities: Utsunomiya University / Gunma University / Ibaraki University / Saitama University / Nihon University / Toyo University / Komazawa University / Senshu University / etc.



応用文理コース

普通科

GENERAL COURSE

大学進学や海外留学、公務員などの
専門分野への進路を目指す

■募集人員 230名

- ・人文社会 ・理工一般 ・リベラル・アーツ
- ・情報経済 ・福祉・看護・医療
- ・スポーツマネジメント ・服飾・フードデザイン
- ・グローバル・カルチャー



Applied Liberal Arts Course

This course is designed for students aiming to pursue university studies in specialized fields, ranging from sports and healthcare to fashion, food sciences, and globalization-related disciplines. A key feature is the ability to take elective subjects tailored to these areas of interest.

The program also supports qualifications advantageous for university admissions, such as Eiken, GTEC, and Kanji Kentei, as well as overseas study opportunities. For students seeking employment, including roles in public service, the course provides a comprehensive support system to ensure success.

Target Universities:

Utsunomiya University / Nihon University / Toyo University / Komazawa University /

Senshu University / Tokai University



生活クリエイト科

(生活教養科)

専門学科

SPECIALTY COURSE

キャリアを活かしたライフスタイルで
自立した女性を目指す

■募集人員 女子120名

- ・ファッション
- ・フード製菓
- ・保育ホスピタリティ



Lifestyle Career Department

This department fosters independent women with careers that enhance their lifestyles.

This long-standing and respected course equips students with foundational skills in home economics and practical life skills. It allows students to focus on specific career paths such as fashion, culinary arts, or childcare.

In the first year, students master fundamental skills in areas such as clothing, food, housing, childcare, and consumer life. From the second year, students choose from three specialized fields—**Fashion**, **Food & Confectionery**, and **Childcare & Hospitality**—studying subjects aligned with their aspirations.

Through enriching experiences and learning opportunities, students nurture creativity, build friendships, and prepare to thrive in a diverse and evolving society.

Target Careers: nursery school teacher / kindergarten teacher / dietitian / social worker / pastry chef / food coordinator / fashion designer / hotel concierge / flight attendant / hair stylist



情報デザイン科

(情報商業科)

専門学科

SPECIALTY COURSE

■募集人員 男・女120名

情報技術を活用できる
次世代を担うスペシャリストを目指す



Information Design Department

This department is dedicated to equipping students with the skills and knowledge needed to thrive in the digital transformation (DX) era. Students engage in internships and unique educational programs that emphasize hands-on experiences, enabling them to create new values and master business models. With a focus on business, information processing, and AI technology, students are prepared to become specialists in their fields.

Main University and Job Placement Achievements

Universities: Utsunomiya University / Meiji University / Aoyama Gakuin University / Chuo University / Nihon University / Toyo University / Kokushikan University / Bunka Gakuen University

Job Placement: Local government offices (e.g., Tochigi City Office) / Banks (e.g., Ashikaga Bank, Tochigi Bank) / Companies (e.g., SUBARU, Canon, Honda Cars) / Retail and services (e.g., JR East, 7-Eleven Japan, Yamazaki Baking)



調理師免許 (国家資格) を卒業と同時に取得
シェフ、そして栄養士を目指す



Culinary Arts Department

This program helps students achieve dual qualifications, such as **nutritionist** and **chef**, preparing them for successful careers in the food and hospitality industry. By collaborating with local businesses, students develop "healthy local food menus" to promote regional cuisine, and they actively participate in community events. The program also provides scholarships and tuition exemptions to help students obtain qualifications, enhancing their employability.

International Exposure

United States / United Kingdom / Australia / France / Switzerland / Belgium / Spain / etc.

Hotel Industry Career Paths

The Imperial Hotel Tokyo / Hotel Okura / Hotel New Otani / Bulgari Hotel Tokyo /

The Ritz-Carlton Tokyo / Tokyo Disneyland Hotel / Mandarin Oriental Tokyo



資質を磨き、
世界レベルのアーティストや教員を目指す

■募集人員 男・女 40名

- ・ピアノ専攻 ・声楽専攻 ・管楽器専攻
- ・弦楽器専攻 ・打楽器専攻 ・教育音楽専攻
- ・電子オルガン専攻 ・邦楽専攻
- ・ミュージカル専攻



Music Department

In this program, students develop their individual talents through practical lessons while also balancing specialized and general education subjects. With a focus on classical music, musical theatre, and a variety of other instruments including electronic and traditional Japanese instruments, students are provided with a comprehensive education. They are encouraged to pursue self-realization through music in a nurturing educational environment, while learning from each other in a spirit of mutual improvement.

Main Universities and Institutions: Tokyo University of the Arts / Tokyo University of Education / Utsunomiya University / Musashino University of Music / Tokyo University of Music / Senzoku Gakuen University

Overseas Music Institutions: Vienna Conservatory (Austria) / Berlin University of the Arts (Germany) / Hamburg University (Germany) / Royal Academy of Music (UK) / Juilliard School (USA) / Paris École Normale de Musique (France) / Paris Conservatoire (France)

Affiliated schools

Utsunomiya Kyowa University

- **Faculty of City Life**

In the Faculty of City Life, students explore various issues in contemporary society, grounded in economics, and focus on proposing and creating unique and appealing lifestyles from the perspective of everyday people.

- **Faculty of Child and Family Life**

The Faculty of Child and Family Life trains childcare professionals and early childhood educators, with a focus on creating supportive environments for parenting and early childhood education.

Utsunomiya Junior College

- **Department of Music**

Utsunomiya Junior College boasts excellent facilities and top-tier teaching staff, attracting high-level applicants from across the country. For over half a century, it has produced internationally active performers, as well as outstanding music teachers and music class instructors.

- **Department of Human Welfare**

The Department of Human Welfare places a strong emphasis on developing human qualities. It trains professionals in social welfare, care work, and medical office administration, with a focus on providing high-level services in these fields. The curriculum fosters emotional connections and enhances sensitivity, promoting holistic development through care and counselling activities.

- **Department of Food and Nutrition**

With the motto "A healthy and fulfilling life begins with food," this department trains nutritionists who can offer supportive cooking and nutritional advice, focusing on food design, supporting various life stages, and training future management nutritionists.

学校行事

School Actions

いつまでも思い出に残る、
学校行事の数々。
四季の移り変わりと共に、
学校生活を彩ります



一日旅行(東京大学)

4 April

5 May

6 June

7 July

8 August

9 September

10 October 1 January

11 November 2 February

12 December 3 March

the school year schedule

April

- Start of the first trimester;
- Entrance Ceremony
- Student council budget review meeting

May

- 1st and 2nd-year day trip
- Parent-teacher meetings (3rd-year students)
- Midterm exams
- Student general meeting

June

- Sports Festival
- Academic enhancement camp (1st-year students)
- Explanation meeting for overseas individual study programs
- Day trip (University of Tokyo)

July

- British Hills language study program
- School-wide choral competition
- End-of-term exams

August

- Start of the second trimester

September

- Café lecture series (3rd-year students)
- Sports day at Kanseki Stadium
- Academic enhancement camp

October

- Midterm exams
- Table manners lecture (3rd-year students)
- School concert (Music students)
- School Anniversary; School Festival; Festival at affiliated universities and colleges

November

- School concert (Music students)
- Student council officer election
- School-wide business research presentation (Information students)
- End-of-term exams
- Christmas concert

December

- Flower arrangement lecture

- Christmas sweets lecture (3rd-year students)
- Graduation trip (Singapore or Okinawa)

January

- Start of the 3rd trimester
- End-of-year exams
- Chocolate lecture (Lifestyle, Culinary 2nd-year students)

February

- Harvard University and MIT Study Program
- Study trips to France, Italy, and China
- Kyoto study trip
- Study trips to France, Austria, Italy, and America
- Football study trip to Germany

March

- Graduation Ceremony
- Graduation performance (Music students)

部活動

Club Activities

スポーツに、アートに、
個性を発揮し、
可能性にチャレンジ!

宇短附チャンネル

YouTube 部活動紹介



夏の県大会ベスト4 (2021年)



Clubs : Baseball / Kendo / Cheer Dance / Fashion and Handicraft / Pâtissier /
Basketball / Judo / Track and Field / Marathon / Tea Ceremony and Flower
Arrangement / Presentation and Debate / Table Tennis / Archery / Gymnastics /
Drama / Karuta / Volleyball / Swimming / Rhythmic Gymnastics



Brass Band / Illustration Art / Tennis / Football / Karate / Photography / Music /
 Soft Tennis / Badminton / Handball / Interact / Japanese Music / Sports Chambara/
 Cheerleading / Boccia / Science / Soba / Go and Shogi / Magic / Choir /
 Agriculture / Calligraphy / YouTube and Metaverse / e-Sports

